READY TO USE MUSIC

# Lionheart (Fearless)

Joel Corry and Tom Grennan

Suitable for ten to 13s

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## Introduction

This feel-good anthem is described by the performers as “a call to arms…all about finding the strength to kick back in the face of adversity”. In truth, we all fear stuff and finding strength within can seem really abstract or even impossible! The Bible tells us that we do not need to rely on our own strength, but we can be fearless, living under God’s protection and relying on his strength – the Lion of Judah. This session explores what it means to live fearlessly in God’s strength.

## The session

Begin the session with a discussion about phobias. What is the most common phobia in the group? What is the strangest phobia? Why do these things scare us? If you want an alternative way into the session, you may prefer to run a quiz, identifying the correct meanings of different phobia names.

Play the track, sharing copies of the lyrics or playing the [official video](https://www.youtube.com/watch?v=n5F-4Dd0LwU). Ask the young people what they think it means to be fearless. What do we mean by being like a lionheart? Discuss some of the things we do which give us confidence to feel unafraid, like the singers in the song. When do we struggle to feel unafraid? When do our fears overwhelm us?

Explain that many, many times, the Bible tells us not to be afraid, but sometimes that can seem really hard to do! We need to understand why we don’t need to fear. Distribute Bibles and ask the young people to look at Deuteronomy 31:6. Explain that in some translations, this is worded “Be fearless”. Look at how this is worded in the version you are reading. Ask the group what reasons this verse gives us to not be afraid; what does the verse say about God? Explain that we don’t need to be strong in ourselves, we can rely on the strength of God and live fearlessly in that. Take some time to talk about what that looks like, sharing some real-life examples as leaders, and inviting the young people to talk about scenarios they may face.

As you draw the session to a close, pray for the young people, either one to one, or as a group as appropriate, that they would live fearlessly, walking in God’s strength.

**BECKY MAY**

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