

BEAUTIFUL EXCHANGES

God has some amazing things to give us. But often our hands are so full of our own stuff and concerns that there is no space to receive. The Bible says that we can give our struggles over to him, so that our hands are empty to take the good things he has for us. For example:

"COME TO ME, ALL WHO ARE WEARY AND BURDENED, AND I WILL GIVE YOU REST."

Matthew 11:28

"HE WILL GIVE: BEAUTY FOR ASHES; JOY INSTEAD OF MOURNING; PRAISE INSTEAD OF HEAVINESS"

Isaiah 61:3



Do you have things that you want to give over to God today? Worries, sadness or something else? Draw this in the hand of the little person and entrust these to God.

What do you hope that God will give you in return? Rest, hope, joy or something else? Draw this in the big person's hands and make this your trusting prayer.

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